

PiCC

# PULSE

Newsletter

August 2025



## Welcome!

Introduction to  
Péter Kéri,  
PiCC United Board Member



# Péter Kéri

## Hello and Welcome

Time to get to know our newest Board member, Péter Kéri. Peter is a patient advocate and professional dedicated to reducing the stigma around mental ill health and advancing patients' rights.

## Why I Speak, and Why I Listen

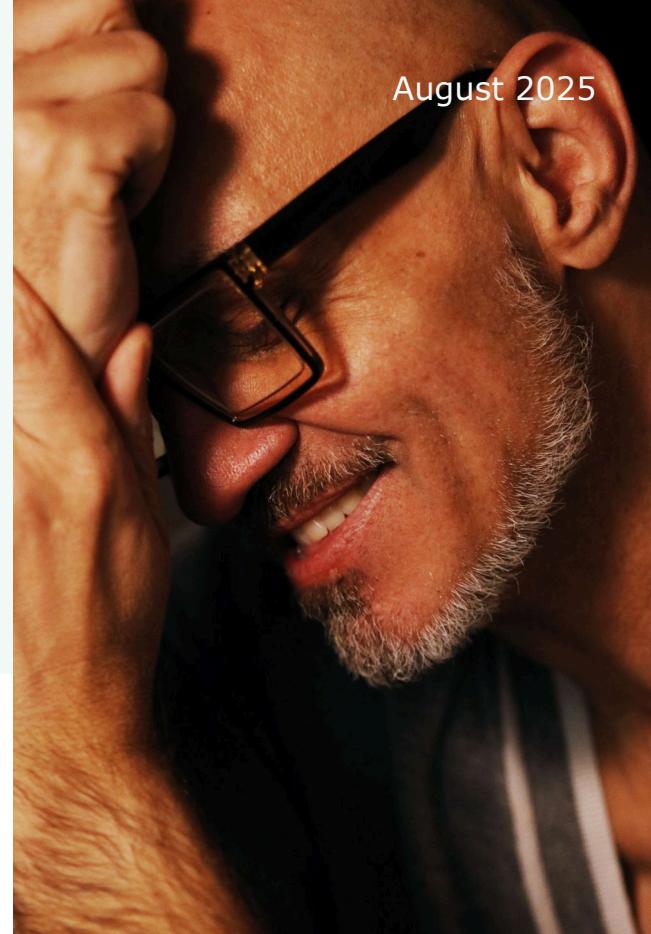
Hi, I'm Péter. I've lived through psychosis, heard voices, and learned the hard way that in mental health, your story is only welcome if it fits the narrative. But mine didn't. So I decided not to change my story, instead, I changed the room.

As President of GAMIAN-Europe and Board Member of the European Psychiatric Association, I've had the chance to sit at tables where people still talk about patients instead of with them. And too often, they mean well — but they miss the point. Because mental health is not just about symptoms. It's about what led to them. About what broke down before the breakdown. And if we don't name that, if we let politeness or professional detachment erase the paths that led us here, then we are not healing — we're hiding.

## That's why I joined PiCC United...

Because I believe that the worst thing that could happen is not stigma, but silence. Not disagreement, but erasure. I work every day to stop mental illness from becoming a taboo again — not just in public, but inside our institutions, our research, and even inside ourselves.

I want a system where people aren't expected to be inspiring, but real. Where we can say, "this happened, and it matters," without being cleaned up for publication. Where other diseases don't teach us how to stay quiet, but how to map the pain. So that maybe, just maybe, someone will understand what it was really like. And if that sounds difficult, good. These conversations aren't meant to be easy. They're meant to be heard.

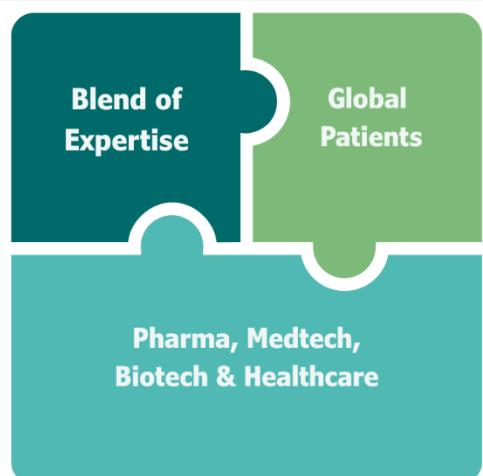


**Want to feature on our next cover?**

[nsw@piccunited.org.uk](mailto:nsw@piccunited.org.uk)

# News Update

## Webinar series is now LIVE!



We're excited to launch our new webinar series to share knowledge and support learning, blending a range of expertise and experience.

Our webinar series are also a way for us to connect with the community and understand you better. The latest calendar of dates is now available so sign up! [www.piccunited.org](http://www.piccunited.org)



Molly Gracey - PiCC member, Social Media Officer and MediPaCe Research and Operations Executive

### What's coming up? Don't miss this future webinar.

**Have you ever felt like someone completely missed how you were feeling, even when it seemed obvious?**

We are excited to announce an upcoming webinar, where Molly from PiCC United, both researcher and patient advocate, will share insights from her PhD on how people with Parkinson's recognise others' emotions and the impacts on relationships and care.

She'll also share her own story, offering a unique perspective connecting research with real-life experience. Her findings have relevance far beyond Parkinson's, offering useful reflections for anyone caring for a loved one or involved in research.

Look out for more information on this session and how to sign up in our next monthly newsletter.

### Do you have something to share?

PiCC United is here for everyone, whether you are a patient, advocate, carer, Healthcare or Pharma professional or anyone with a role in this field.

We would love to help share your ideas, experiences or opinions. No matter how you like to share, we can find the perfect platform to help get your voice heard. Talk to us: [hello@piccunited.org](mailto:hello@piccunited.org) or visit: [Something\\_on\\_your\\_mind](http://Something_on_your_mind)



[hello@piccunited.org](mailto:hello@piccunited.org)

# PiCC Knowledge Partners

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## A collaborative approach

At PiCC United, we believe in strong partnerships. We collaborate with patient groups, healthcare professionals, researchers, and industry leaders to create patient-focused solutions. Knowledge Partners contribute expertise that supports our mission, strengthening patient engagement and healthcare outcomes.



**The International Consortium for Health Outcomes Measurement (ICHOM)** is a non-profit organization dedicated to transforming healthcare systems worldwide by focusing on what matters most to patients—health outcomes.

Founded with the goal of standardizing the measurement of outcomes that reflect the effectiveness of care, ICHOM works with clinicians, researchers, patients, and policymakers to develop globally applicable Sets of Patient-Centered Outcome Measures across a wide range of medical conditions. These measures create a shared framework for evaluating care, enabling providers and systems to improve quality, increase transparency, and shift towards value-based healthcare delivery

## The Patient Partner Alliance (PPA)

The PPA was established as part of ICHOM's commitment to ensuring that patient perspectives are central to the development and implementation of health outcome measurement. The alliance brings together patients, caregivers, and advocates to contribute their lived experiences, insights, and priorities to ICHOM's work. By integrating patient voices, the PPA aims to enhance the relevance, usability, and impact of ICHOM's Sets of Patient-Centered Outcome Measures, ultimately driving the global adoption of value-based healthcare. This collaboration seeks to empower patients as active stakeholders in shaping healthcare decisions, fostering transparency, and advancing the delivery of high-quality, patient-centered care worldwide.

For more information visit [www.ichom.org](http://www.ichom.org)

