



THE PATIENT JOURNEY

The Ladder to Empowerment



HOW IT WORKS

This journey at Patients Ladder

INFORMED PARTICIPANT

The journey starts with you as a patient receiving important information about your disease and treatment. Here you are an informed participant, listening to your doctors and accepting the knowledge they give you. You are part of the process, but do not directly influence the decisions.

CONSULTED

In the next step, you are consulted. In this step, you are asked for your opinion. The doctors and nurses listen to your experiences and thoughts about your treatment. Your opinion is heard, but you are still not involved in deciding what happens, but your voice is taken into consideration.

SHARE YOUR EXPERIENCE

Here you start to become more active. You Share Your Experience by participating in meetings and discussions where you share your experiences and knowledge about your own situation. Your input is important to help improve treatments, but the experts still make the decisions.

COLLABORATE

You start working together with the doctors. As a collaborator, patients enter a more equal relationship. You start working more closely with doctors and researchers. You discuss and develop solutions on an equal footing with them. Your experience becomes an important part of the decision-making process.

DECISION-MAKING PROCESS

Now you're not just part of the discussions - you're also part of the decision-making process. You are part of the decision-making process and part of the decision-making group. You have a real voice in which treatments or research projects are prioritised and your input influences strategic choices.

LEADERS AND CO-CREATORS

On the top rung of the Patients Ladder, patients become leaders and co-creators. You are able to lead projects and initiatives from the start, with direct responsibility for the planning, implementation and evaluation of projects. Your role is crucial to the entire process, and your perspective shapes decisions at all levels, helping to create change from the start.

